

Event 2 Girls 4k Run CC Varsity 1 Race

Name	Year	School	Avg Mile	Finals	Points
Conference 2 Results 4000 Run					
1 #1354 Grace Moore	11	Calhoun	6:28.8	16:06.22	1
2 #1356 Nadya Resnick	9	Calhoun	6:35.3	16:22.31	2
3 #1346 Emma Joseph	11	Calhoun	6:44.1	16:44.35	3
4 #1342 Christina Garbarin	10	Calhoun	7:01.0	17:26.19	4
5 #1360 Juliann Vizoso	11	Calhoun	7:16.5	18:04.85	5
6 #1343 Ashley Harten	12	Calhoun	7:32.7	18:45.06	6
7 #2013 Christelle Julien	10	Sewanhaka	7:54.3	19:38.85	7
8 #1348 Isabelle Kehrili	11	Calhoun	8:03.6	20:01.80	8
9 #1347 Emily Joyce	12	Calhoun	8:03.8	20:02.46	
10 #1351 Lauren Mamay	11	Calhoun	8:07.8	20:12.24	
11 #2011 Theadora Catrina	10	Sewanhaka	8:15.4	20:31.19	9
12 #2188 Rose Jean Louis	12	Westbury	8:23.3	20:50.87	10
13 #2016 Sephora Saint-Arma	10	Sewanhaka	8:29.0	21:05.01	11
14 #2012 Diana Cuervo	12	Sewanhaka	9:03.8	22:31.47	12
15 #2186 Amanda Herron	11	Westbury	9:14.5	22:58.10	13
16 #2190 Maryam Salawu	10	Westbury	9:57.5	24:44.90	14
17 #2185 Evelin Gilbert	10	Westbury	10:00.0	24:51.12	15
18 #2015 Noelle O'Neil	11	Sewanhaka	10:13.5	25:24.73	16
19 #2187 Amber Horsford	10	Westbury	10:23.8	25:50.43	17
20 #2184 Djudma Cherilus	11	Westbury	11:49.4	29:23.10	18
21 #2189 Khindi Roach	10	Westbury	11:49.4	29:23.11	19
22 #2223 Lola Animashaun	9	Westbury	12:06.3	30:05.10	
23 #2183 Tea Caines	10	Westbury	12:20.2	30:39.70	
24 #2191 Cameron Saunders	10	Westbury	12:24.9	30:51.40	
25 #2182 Kayling Benitez	11	Westbury	12:28.9	31:01.40	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 2 Results 4000 Run											
1	Calhoun	15	1	2	3	4	5	6	8		
	Total Time:	1:24:43.92									
	Average:	16:56.79									
2	Sewanhaka	55	7	9	11	12	16				
	Total Time:	1:49:11.25									
	Average:	21:50.25									
3	Westbury	69	10	13	14	15	17	18	19		
	Total Time:	1:59:15.42									
	Average:	23:51.09									

Conference 3 Results 4000 Run

1 #2056 Molly Quinn	11	South Side	6:45.5	16:47.88	1
2 #2042 Amanda Maughan	9	South Side	6:54.4	17:09.78	2
3 #2064 Sofia Tavella	11	South Side	6:58.6	17:20.39	3
4 #2063 Nadia Tavella	9	South Side	7:04.2	17:34.31	4
5 #2034 Brigit Kelly	10	South Side	7:06.5	17:40.08	5
6 #2059 Emily Rosenberger	11	South Side	7:09.7	17:47.88	6
7 #2036 Angela Koziarz	11	South Side	7:12.3	17:54.38	7

8	#2029	Talia Cutrone	10	South Side	7:16.3	18:04.25					
9	#2047	Mairead Milan	12	South Side	7:19.6	18:12.63					
10	#1333	Jennifer Manzanare	9	Bethpage	7:23.0	18:20.92	8				
11	#2032	Christine Goldstei	11	South Side	7:28.0	18:33.43					
12	#1335	Katie Meaney	12	Bethpage	7:38.7	18:59.96	9				
13	#1330	Candace Haney	9	Bethpage	8:09.2	20:15.70	10				
14	#1331	Megan Hsun	11	Bethpage	8:29.1	21:05.36	11				
15	#1332	Terrie Hsun	11	Bethpage	8:29.3	21:05.74	12				
16	#1387	Mack Sarah	9	Division Avenue	8:32.4	21:13.39					
17	#1334	Clare Meaney	10	Bethpage	8:40.0	21:32.42	13				
18	#1385	Kelly Lennon	11	Division Avenue	8:50.3	21:58.04					
19	#1336	Amanda Moody	9	Bethpage	9:26.6	23:28.10	14				

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Conference 3 Results 4000 Run

1	South Side	15	1	2	3	4	5	6	7		
	Total Time:	1:26:32.44									
	Average:	17:18.49									
2	Bethpage	50	8	9	10	11	12	13	14		
	Total Time:	1:39:47.68									
	Average:	19:57.54									

Event 3 Girls 4k Run CC Varsity 2 Race

Name	Year	School	Avg Mile	Finals	Points
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Conference 2 Results 4000 Run

1	#1508	Stephanie Gerland	11	Garden City	6:11.2	15:22.54	1
2	#1506	Caroline Ferri	12	Garden City	6:31.3	16:12.51	2
3	#1655	Celeste Traub	10	Jericho	6:40.9	16:36.45	3
4	#1647	Juliette Milman	11	Jericho	6:45.2	16:47.06	4
5	#2266	Laurel Fisher	12	Garden City	6:57.1	17:16.48	5
6	#1523	Sydney Votruba	9	Garden City	7:02.4	17:29.73	6
7	#1639	Jessica Huang	11	Jericho	7:03.2	17:31.65	7
8	#1503	Emily Daempfle	10	Garden City	7:13.8	17:58.13	8
9	#1835	Brianna Lausev	8	New Hyde Park	7:24.8	18:25.40	9
10	#1649	Sylvia Peng	11	Jericho	7:30.8	18:40.46	10
11	#1510	Lindsay Grippo	11	Garden City	7:31.2	18:41.28	11
12	#1838	Millena Skugor	11	New Hyde Park	7:31.4	18:41.92	12
13	#1499	Sarah Banahan	11	Garden City	7:32.7	18:45.12	13
14	#1706	Sarah Kelliher	11	Long Beach	7:35.2	18:51.19	14
15	#1515	Danielle Mistretta	10	Garden City	7:35.6	18:52.37	
16	#1840	Jordan Williams	11	New Hyde Park	7:42.5	19:09.40	15
17	#2277	Julia Forbes	11	Garden City	7:50.6	19:29.50	
18	#1705	Defrancesco Isabel	10	Long Beach	7:57.8	19:47.35	16
19	#1500	Tianna Biscione	11	Garden City	8:02.8	19:59.77	
20	#1635	Cythia Chu	11	Jericho	8:07.8	20:12.25	17
21	#1709	Hailey Ricciardi	12	Long Beach	8:07.9	20:12.60	18
22	#1713	Claire Sweeny	12	Long Beach	8:10.4	20:18.79	19
23	#1648	Grace Mok	12	Jericho	8:14.4	20:28.81	20
24	#1638	Grace Hu	10	Jericho	8:21.9	20:47.33	21
25	#1658	Sabrina Wong	10	Jericho	8:31.9	21:12.33	
26	#1711	Cynthia Sarno	11	Long Beach	8:36.9	21:24.61	22

27	#1701	Taylor Brantley	11	Long Beach	8:37.6	21:26.36	23
28	#1704	Tara Hilsenrod	10	Long Beach	8:44.8	21:44.37	24
29	#1702	Halle henry	12	Long Beach	8:50.4	21:58.09	
30	#1839	Kiera Ward	12	New Hyde Park	9:00.3	22:22.93	25
31	#1837	Andrea Salmeron	11	New Hyde Park	9:05.6	22:36.00	26
32	#1836	Kelly Muntzenberge	9	New Hyde Park	9:37.8	23:56.07	27

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 2 Results 4000 Run											
1	Garden City	22	1	2	5	6	8	11	13		
	Total Time:	1:24:19.39									
	Average:	16:51.88									
2	Jericho	41	3	4	7	10	17	20	21		
	Total Time:	1:29:47.87									
	Average:	17:57.58									
3	New Hyde Park	87	9	12	15	25	26	27			
	Total Time:	1:41:15.65									
	Average:	20:15.13									
4	Long Beach	89	14	16	18	19	22	23	24		
	Total Time:	1:40:34.54									
	Average:	20:06.91									

Conference 3 Results 4000 Run

1	#1859	Stacie Nadel	12	North Shore	6:42.5	16:40.32	1
2	#1841	Stephanie Bazan	11	North Shore	6:42.7	16:40.75	2
3	#1860	Morgan Nerud	11	North Shore	6:42.9	16:41.18	3
4	#1751	Kayleigh Caggiano	11	Manhasset	6:47.3	16:52.32	4
5	#1759	Catherine Matteo	11	Manhasset	6:53.4	17:07.29	5
6	#1765	Olivia Plansker	9	Manhasset	6:56.4	17:14.90	6
7	#1527	Grace Blinkoff	11	Glen Cove	6:59.2	17:21.71	
8	#1773	Angela Tsoumpas	9	Manhasset	7:04.1	17:33.94	7
9	#1864	Emma Rivera	8	North Shore	7:04.9	17:35.88	8
10	#1774	Emily Tsoumpas	9	Manhasset	7:05.1	17:36.49	9
11	#1842	Hally Bello	9	North Shore	7:05.4	17:37.13	10
12	#1856	Hanah Leventhal	8	North Shore	7:10.7	17:50.28	11
13	#1857	Sarah Leventhal	10	North Shore	7:14.8	18:00.60	12
14	#1851	Jenna Donohue	12	North Shore	7:17.0	18:06.18	
15	#1755	Elizabeth Harris	11	Manhasset	7:17.5	18:07.19	13
16	#1768	Eliana Rozinov	12	Manhasset	7:22.9	18:20.62	14
17	#1776	Allison Weilep	11	Manhasset	7:23.0	18:21.04	
18	#1529	Thais Delima	10	Glen Cove	7:37.4	18:56.84	
19	#1775	Isabelle VanRoy	11	Manhasset	7:37.7	18:57.57	
20	#1727	Emily Murray	10	Lynbrook	7:52.7	19:34.72	15
21	#1729	Hannah Polokoff	10	Lynbrook	8:07.5	20:11.47	16
22	#1753	Valerie Gudino	11	Manhasset	8:08.1	20:13.02	
23	#1726	Mackenzie Kreit	11	Lynbrook	8:16.4	20:33.58	17
24	#1719	Amanda DiGiorgio	11	Lynbrook	8:43.6	21:41.38	18
25	#1531	Kayleen Mesa	10	Glen Cove	8:44.2	21:42.91	
26	#1725	Emily Koffler	12	Lynbrook	9:10.3	22:47.54	19
27	#1533	Meghan Smith	9	Glen Cove	9:11.3	22:50.18	
28	#1721	Julianne Graepel	9	Lynbrook	9:24.0	23:21.63	20

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 3 Results 4000 Run											
1	North Shore	24	1	2	3	8	10	11	12		
	Total Time:										
	Average:										
2	Manhasset	31	4	5	6	7	9	13	14		
	Total Time:										
	Average:										
3	Lynbrook	85	15	16	17	18	19	20			
	Total Time:										
	Average:										

Event 4 Girls 4k Run CC varsity 3 Race

Name	Year	School	Avg Mile	Finals	Points	
Conference 2 Results 4000 Run						
1	#2161	Megan Gordon	10 Wantagh	6:38.2	16:29.68	1
2	#2171	Grace Sullivan	10 Wantagh	6:42.1	16:39.41	2
3	#1568	Alexa Thorne	12 Great Neck South	6:53.7	17:08.18	3
4	#1587	Christina Litos	11 Herricks	6:54.9	17:11.22	4
5	#2165	Marissa Polack	12 Wantagh	6:56.2	17:14.28	5
6	#2170	Alyssa Soethout	12 Wantagh	6:57.5	17:17.67	6
7	#2157	Tess Duignan	9 Wantagh	7:03.7	17:32.95	7
8	#1478	Annalee Molloy	8 Frank Carey	7:18.7	18:10.31	8
9	#1573	Miranda Zhang	11 Great Neck South	7:18.9	18:10.83	9
10	#1563	Dorothy Liu	10 Great Neck South	7:22.9	18:20.71	10
11	#2172	Kyleigh Watson	9 Wantagh	7:25.3	18:26.67	11
12	#1555	Gracia Bualati	10 Great Neck South	7:25.6	18:27.48	12
13	#2153	Madison Conway	11 Wantagh	7:28.3	18:34.20	13
14	#1481	Katherine Procacci	8 Frank Carey	7:28.5	18:34.52	14
15	#2149	Annie Browne	9 Wantagh	7:29.2	18:36.28	
16	#1589	Daniela O'Modie	9 Herricks	7:34.9	18:50.51	15
17	#1584	Kayla Edmonston	9 Herricks	7:37.4	18:56.85	16
18	#1569	Carmen Tong	11 Great Neck South	7:41.0	19:05.61	17
19	#1562	Olivia Lam	10 Great Neck South	7:41.6	19:07.31	18
20	#1572	Gabriella Wong	11 Great Neck South	7:46.8	19:20.05	19
21	#1473	Kyra Cardoso	8 Frank Carey	7:47.0	19:20.53	20
22	#1580	Angela Chen	9 Herricks	7:47.5	19:21.90	21
23	#1558	Ji - Ann Greenberg	12 Great Neck South	7:52.5	19:34.39	
24	#1565	Sabrina Ng	9 Great Neck South	7:53.3	19:36.39	
25	#1566	Jabin Pu	10 Great Neck South	7:55.6	19:41.89	
26	#2160	Katie Gifford	9 Wantagh	7:57.8	19:47.51	
27	#1586	Grace Hahn	11 Herricks	7:59.1	19:50.70	22
28	#1474	Allison Freese	10 Frank Carey	7:59.5	19:51.65	23
29	#1479	Haroulla Papaleont	11 Frank Carey	8:00.4	19:53.86	24
30	#1592	Jessica Tsum	11 Herricks	8:05.2	20:05.85	25
31	#1590	Julie Thomas	11 Herricks	8:06.6	20:09.33	26
32	#2163	Kayleigh O'Connor	10 Wantagh	8:07.7	20:12.10	
33	#1472	Brianna Adams	11 Frank Carey	9:04.1	22:32.37	27
34	#1583	Lauren Dimilta	9 Herricks	9:08.6	22:43.46	
35	#2234	Jenna Staufenberg	9 Herricks	9:40.6	24:03.06	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 2 Results 4000 Run											
1	Wantagh	21	1	2	5	6	7	11	13		
	Total Time:										
	Average:										
2	Great Neck South	51	3	9	10	12	17	18	19		
	Total Time:										
	Average:										
3	Herricks	78	4	15	16	21	22	25	26		
	Total Time:										
	Average:										
4	Frank Carey	89	8	14	20	23	24	27			
	Total Time:										

Conference 3 Results 4000 Run

1	#1548 Maya Muallem	10	Great Neck North	6:38.8	16:31.15	1
2	#1545 Samantha Law	9	Great Neck North	6:42.5	16:40.38	2
3	#2130 Gabriela Andrade	11	VS North	6:47.9	16:53.63	3
4	#1991 Sarah Carbonaro	10	Roslyn	6:55.7	17:13.03	4
5	#1998 Alyssa Neo	11	Roslyn	7:02.2	17:29.18	5
6	#1550 Ruby Paisner	11	Great Neck North	7:04.9	17:36.08	6
7	#2138 Emily Martino	11	VS North	7:06.8	17:40.67	7
8	#2003 Raquel Shadan	10	Roslyn	7:18.2	18:08.98	8
9	#2004 Lida Tozzi	12	Roslyn	7:24.7	18:25.17	9
10	#2132 Rebekah Buon	9	VS North	7:26.1	18:28.64	10
11	#2001 Eleonora Recio	10	Roslyn	7:32.6	18:44.91	11
12	#2000 Carmen Recio	12	Roslyn	7:34.1	18:48.51	12
13	#2131 Antonia Buon	11	VS North	7:37.1	18:56.13	13
14	#1552 Michelle Toker	12	Great Neck North	7:39.2	19:01.13	14
15	#1546 Victoria Liu	10	Great Neck North	7:41.3	19:06.53	15
16	#1997 Reilly Liotta	11	Roslyn	7:43.2	19:11.13	16
17	#2005 Dana Wagner	9	Roslyn	7:43.7	19:12.32	
18	#2140 Chelsea Polanco	12	VS North	7:45.7	19:17.48	17
19	#1553 Daniella Zandi	12	Great Neck North	7:48.8	19:25.10	18
20	#2133 Nanami Ellis	12	VS North	7:51.0	19:30.46	19
21	#1547 Ella Muallem	12	Great Neck North	7:56.7	19:44.82	20
22	#1539 Ariela Frenkel	12	Great Neck North	7:57.3	19:46.10	
23	#1542 Yael Harooni	12	Great Neck North	8:00.1	19:53.15	
24	#2136 Tyesha Irving	10	VS North	8:09.1	20:15.65	21
25	#2142 Cianna Sarmiento	10	VS North	8:10.7	20:19.58	
26	#2137 Victoria Lora	10	VS North	8:21.1	20:45.33	
27	#1540 Lauren Hakimi	9	Great Neck North	8:25.0	20:54.98	
28	#1686 Diana Nyman	9	Lawrence	9:09.9	22:46.63	22
29	#1682 Jessica Bilbro	9	Lawrence	9:25.8	23:26.24	23
30	#2141 Maria Sanchez	10	VS North	9:37.0	23:54.13	
31	#1685 Toni Gonzalez	11	Lawrence	11:11.5	27:49.00	24
32	#1687 Emily Nyman	10	Lawrence	11:49.8	29:24.00	25
33	#1689 Emily Silbersweig	10	Lawrence	12:16.7	30:31.00	26
34	#1683 Katherine Cameron	10	Lawrence	12:19.5	30:38.00	27

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 3 Results 4000 Run											
1	Roslyn	37	4	5	8	9	11	12	16		

Girls 4k Run CC Jr. Varsity

Name	Year	School	Avg Mile	Finals	Points
Conference 2 Results 4000 Run					
1 #1815 Lizzy Eisenberg	11	Mepham	7:23.2	18:21.54	1
2 #1816 Sara Goldstein	9	Mepham	7:29.7	18:37.56	2
3 #1828 Rachel Skidmore	9	Mepham	7:31.4	18:41.75	3
4 #1826 Natalie Pekoff	9	Mepham	7:35.8	18:52.69	4
5 #1524 Catherine Wallace	9	Garden City	7:49.4	19:26.62	5
6 #1830 Rebecca Spear	10	Mepham	7:52.0	19:33.08	6
7 #1512 Catherine Honan	11	Garden City	8:00.8	19:54.92	7
8 #1822 Jamie Marvin	12	Mepham	8:01.1	19:55.74	8
9 #2278 Emily Way	10	Garden City	8:05.6	20:06.85	9
10 #1352 Lisa Margaria	10	Calhoun	8:05.7	20:07.15	10
11 #2150 Roxana Cardoza	9	Wantagh	8:05.9	20:07.54	11
12 #1349 Alena Korins	9	Calhoun	8:07.2	20:10.87	12
13 #1509 Alexa Gozun	10	Garden City	8:11.0	20:20.31	13
14 #1514 Meredith McLaughli	11	Garden City	8:12.2	20:23.38	14
15 #1663 Danielle Bonanno	12	Jfk Bellmore	8:18.5	20:38.90	15
16 #1656 Maguerite Wang	9	Jericho	8:18.9	20:39.98	16
17 #2296 Amanda Luong	9	Jericho	8:20.0	20:42.60	17
18 #2159 Nikki Gaynor	11	Wantagh	8:22.1	20:47.96	18
19 #1511 Suzanne Holobigian	9	Garden City	8:30.2	21:08.06	19
20 #1825 Taylor O'Brien	11	Mepham	8:36.1	21:22.57	20
21 #1337 Kate Andrews	9	Calhoun	8:36.3	21:23.18	21
22 #1339 Emily Battaglia	10	Calhoun	8:40.0	21:32.41	22
23 #1556 Karin Cho	10	Great Neck South	8:41.4	21:35.82	23
24 #2166 Sandra Re	10	Wantagh	8:43.2	21:40.34	24
25 #2167 Jen Rodriguez	11	Wantagh	8:44.0	21:42.37	25
26 #2162 Caitlin Jaeggli	9	Wantagh	8:44.3	21:43.10	26
27 #1651 Jacki Sands	10	Jericho	8:45.5	21:46.00	27
28 #1561 Samantha La	10	Great Neck South	8:46.3	21:48.06	28
29 #1341 Hannah Fitzpatrick	12	Calhoun	8:47.9	21:51.87	29
30 #2158 Emily Fenter	12	Wantagh	8:51.0	21:59.71	30
31 #2174 Olivia Zukowski	9	Wantagh	8:51.7	22:01.44	31
32 #1674 Jamie Kanner	12	Jfk Bellmore	8:51.9	22:01.88	32
33 #1676 Kayla McGlone	9	Jfk Bellmore	8:53.0	22:04.77	33
34 #2152 Kayla Conway	9	Wantagh	8:53.2	22:05.24	
35 #2261 Maribel Sabino	11	Calhoun	8:53.5	22:05.92	34
36 #1501 Melissa Conelli	11	Garden City	9:01.4	22:25.63	35
37 #1644 Jiani Liang	12	Jericho	9:11.5	22:50.69	36
38 #1504 Olivia DeCurtis	11	Garden City	9:11.9	22:51.59	
39 #1502 Alicia Cristoforo	10	Garden City	9:14.0	22:56.87	
40 #1571 Cindy Wang	9	Great Neck South	9:16.3	23:02.62	37
41 #1642 Gabrielle Katz	10	Jericho	9:18.0	23:06.90	38
42 #1653 Lindsay Silverman	10	Jericho	9:23.0	23:19.12	39
43 #2151 Kariina Cirone	9	Wantagh	9:25.6	23:25.69	
44 #2155 Alexa Dowling	10	Wantagh	9:26.0	23:26.68	
45 #2297 Jade Klein	11	Jfk Bellmore	9:27.1	23:29.31	40
46 #1357 Cristin Rodriguez	10	Calhoun	9:28.6	23:33.09	41
47 #1359 Jackie Toback	11	Calhoun	9:31.9	23:41.34	
48 #1669 Tara Elengickal	11	Jfk Bellmore	9:34.5	23:47.79	42
49 #1675 Renee Korgood	11	Jfk Bellmore	9:34.7	23:48.26	43
50 #1570 Stephanie Velez	10	Great Neck South	9:35.6	23:50.50	44
51 #1521 Lauren Slovensky	12	Garden City	9:39.9	24:01.11	
52 #1708 Angela Maure	10	Long Beach	9:46.5	24:17.62	

53	#1640	Chloe Hwang	10	Jericho	9:46.7	24:18.09	45
54	#1634	Alanna Adler	10	Jericho	9:47.0	24:18.79	
55	#1678	Lauren Robinson	12	Jfk Bellmore	9:47.3	24:19.57	46
56	#1517	Victoria Nuzzolo	9	Garden City	9:48.5	24:22.71	
57	#1681	Amy Zhang	9	Jfk Bellmore	9:49.6	24:25.34	
58	#1673	Caitlin Glynn	9	Jfk Bellmore	9:53.6	24:35.21	
59	#1522	Delaney Sugrue	10	Garden City	10:04.4	25:02.17	
60	#1659	Alina Xu	10	Jericho	10:07.8	25:10.64	
61	#1650	Leanne Saban	9	Jericho	10:13.5	25:24.73	
62	#1637	Julia Gross	10	Jericho	10:29.4	26:04.15	
63	#1645	Jordyn Malone	10	Jericho	10:36.7	26:22.41	
64	#1677	Jessica Rakowski	9	Jfk Bellmore	10:47.2	26:48.46	
65	#1344	Katherine Hecker	12	Calhoun	10:53.7	27:04.69	
66	#1358	Lauren Segal	10	Calhoun	11:01.1	27:23.10	
67	#1564	Ashlee Low	12	Great Neck South	11:03.5	27:28.92	47
68	#1679	Jillian Rossi	9	Jfk Bellmore	11:35.7	28:49.06	
69	#1646	Priscilla Mery	11	Jericho	11:47.4	29:18.01	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 2 Results 4000 Run											
1	Mepham	16	1	2	3	4	6	8	20		
	Total Time:	1:34:06.62									
	Average:	18:49.33									
2	Garden City	48	5	7	9	13	14	19	35		
	Total Time:	1:40:12.08									
	Average:	20:02.42									
3	Calhoun	94	10	12	21	22	29	34	41		
	Total Time:	1:45:05.48									
	Average:	21:01.10									
4	Wantagh	104	11	18	24	25	26	30	31		
	Total Time:	1:46:01.31									
	Average:	21:12.27									
5	Jericho	134	16	17	27	36	38	39	45		
	Total Time:	1:49:06.17									
	Average:	21:49.24									
6	Jfk Bellmore	162	15	32	33	40	42	43	46		
	Total Time:	1:52:02.65									
	Average:	22:24.53									
7	Great Neck South	179	23	28	37	44	47				
	Total Time:	1:57:45.92									
	Average:	23:33.19									

Conference 3 Results 4000 Run

1	#1868	Cailey Welch	8	North Shore	6:56.5	17:15.06	1
2	#1869	Gabrielle Zaffiro	9	North Shore	7:21.5	18:17.27	2
3	#1854	Amanda Giannattasi	11	North Shore	7:24.7	18:25.12	3
4	#2058	Alyssa Rodriguez	12	South Side	7:25.3	18:26.68	4
5	#2051	Meredith Nothel	12	South Side	7:26.2	18:28.95	5
6	#1752	Claire DeBeneditti	11	Manhasset	7:32.1	18:43.66	6
7	#1758	Lauren Lynch	11	Manhasset	7:32.9	18:45.48	7
8	#1846	Marisa Cabrera	12	North Shore	7:35.1	18:51.03	8
9	#2046	Shannon McMahan	11	South Side	7:36.7	18:54.95	9
10	#2065	Kieran Travers	9	South Side	7:38.3	18:58.97	10
11	#1865	Theresa Scarola	9	North Shore	7:39.8	19:02.66	11

12	#1853	Danielle Fossett	9	North Shore	7:45.5	19:16.89	12
13	#2043	Elizabeth McCarthy	10	South Side	7:46.4	19:19.24	13
14	#1852	Ayanna Fossett	11	North Shore	7:47.5	19:21.78	14
15	#2038	Gillian Leonard	11	South Side	7:50.7	19:29.74	15
16	#1844	Raquel Borges	12	North Shore	7:52.9	19:35.32	
17	#1861	Anne O'Brien	10	North Shore	7:54.6	19:39.40	
18	#2044	Haley McDonald	11	South Side	8:09.1	20:15.63	16
19	#1843	Bianca Borges	12	North Shore	8:11.7	20:22.10	
20	#1549	Daniella Namdar	11	Great Neck North	8:14.0	20:27.81	17
21	#2037	Julia Lanzillotta	9	South Side	8:14.9	20:29.92	
22	#1756	Sammi Lulov	11	Manhasset	8:16.9	20:35.03	18
23	#2055	Kelsey Quinn	10	South Side	8:17.2	20:35.60	
24	#2035	Kendall Kelly	9	South Side	8:17.5	20:36.55	
25	#2057	Maggie Reich	9	South Side	8:19.5	20:41.40	
26	#2049	Kelsey Nass	10	South Side	8:24.8	20:54.55	
27	#1538	Ailin Elyasi	11	Great Neck North	8:26.3	20:58.19	19
28	#2020	Alyssa Arcoleo	11	South Side	8:27.5	21:01.24	
29	#1453	Anna Burnett	9	Floral Park	8:27.9	21:02.23	20
30	#1870	Isabel Zorn	9	North Shore	8:32.2	21:13.09	
31	#2045	Carolynn McElroy	11	South Side	8:36.5	21:23.66	
32	#2019	Donna Angelis	11	South Side	8:38.1	21:27.64	
33	#2139	Luz Nin	11	VS North	8:42.3	21:37.99	
34	#2054	Kelly O'Sullivan	11	South Side	8:42.9	21:39.64	
35	#2208	Jamie Bressmer	11	Floral Park	8:44.5	21:43.49	21
36	#1607	Gabby Whitney	9	Hewlett	8:46.8	21:49.14	
37	#1777	Janna Winchester	12	Manhasset	8:46.9	21:49.55	22
38	#2030	Ailis DeTommaso	9	South Side	8:47.3	21:50.42	
39	#2033	Samantha Horowitz	10	South Side	8:56.7	22:13.88	
40	#1848	Lauren Carbonara	9	North Shore	8:58.7	22:18.91	
41	#1736	Camryn Walsh	11	Lynbrook	9:00.0	22:22.13	23
42	#2052	Carolyn O'Brien	11	South Side	9:01.1	22:24.91	
43	#1772	Sabrina Syed	10	Manhasset	9:02.6	22:28.58	24
44	#1763	Sophia Miradoli	12	Manhasset	9:03.2	22:30.07	25
45	#1764	Nicole Paone	11	Manhasset	9:04.7	22:33.80	26
46	#2027	Laura Cecere	9	South Side	9:06.3	22:37.82	
47	#2068	Olivia Watterson	9	South Side	9:07.2	22:39.96	
48	#1541	Ashley Hakimian	10	Great Neck North	9:08.0	22:41.88	27
49	#1469	Julia Smith	12	Floral Park	9:09.7	22:46.06	28
50	#2053	Greta Ohanian	11	South Side	9:10.3	22:47.71	
51	#1867	Elysian Wagner	9	North Shore	9:10.6	22:48.36	
52	#1537	Melina Cornejo	10	Great Neck North	9:13.5	22:55.67	29
53	#1448	Grace Afflerbach	12	Floral Park	9:14.5	22:58.12	30
54	#1779	Jessica Zand	9	Manhasset	9:16.9	23:04.14	
55	#1458	Molly Dixon	12	Floral Park	9:17.7	23:06.11	31
56	#1996	Mackenzie Liotta	11	Roslyn	9:22.3	23:17.45	
57	#1994	Maria Espichan	12	Roslyn	9:27.3	23:29.90	
58	#1945	Lauren Szalay	11	Plainedge	9:28.0	23:31.66	
59	#2023	Allie Barry	10	South Side	9:32.7	23:43.30	
60	#2039	Liana Lo	10	South Side	9:36.0	23:51.44	
61	#2067	Amanda Ventura	10	South Side	9:36.3	23:52.31	
62	#1596	Tianna Francis	10	Hewlett	9:37.9	23:56.21	
63	#1995	Phoebe Klein	9	Roslyn	9:40.0	24:01.60	
64	#1462	Victoria Lopez	9	Floral Park	9:40.2	24:01.93	32
65	#1862	Miranda Purcell	11	North Shore	9:44.1	24:11.69	
66	#1454	Anna Christ	12	Floral Park	9:46.3	24:17.24	33
67	#2025	Emily Boranian	10	South Side	9:48.0	24:21.33	
68	#2026	Emily Cameron	11	South Side	9:52.3	24:32.13	
69	#2060	Madeline Sautner	11	South Side	9:52.6	24:32.71	
70	#2021	Jacqueline Arcoleo	12	South Side	9:53.4	24:34.71	
71	#1766	Cristina Ras	11	Manhasset	9:54.0	24:36.17	
72	#1593	Eleni Astidaftis	9	Hewlett	9:54.2	24:36.88	
73	#1847	Lauren Calderoni	12	North Shore	9:56.6	24:42.68	
74	#1769	Alyssa Sanders	11	Manhasset	9:56.9	24:43.40	

